



ASQ Worcester Gazette



Message from Section Chair, Jay Patel

Dear ASQ Worcester Members,

It's time to put some Spring into your step! We are very excited about this upcoming season and want to share all our upcoming ideas and events.



Our latest amenity is our new ASQ community website. This site is a place to connect, network, and learn with like-minded individuals. Some communities are gated and are determined by your member profile. Membership in geographic and technical communities are included in your ASQ membership. Browse geographic and technical communities below. Now is the perfect time to sign up and start connecting with your peers and ASQ Worcester members.

As the world is opening up and transitioning into a "new normal", it is more important than ever to evolve with our communities and grow stronger together. This past year and a half has been a true test as a collective society and though we are not yet out of the woods, we are starting to see a light at the end of the tunnel. As an organization, we still stand to serve our members with quality educational opportunities, and continue to do our part to build up your products, services, and industries.

This year, we have not only embraced technology, resilience and togetherness, but we have accepted change and growth. Our meetings went online last

year, offered for free to all members, on various topics relevant to our members. We began posting in the ASQ Community webpage so you can connect with other professionals and take part in what some of the other chapters are offering to the public. We will also be hosting a special event this June 2021; more details to come.

Whether you are employed and looking to enhance your professional growth or, like many, looking to expand their knowledge and find a career, you are not alone. Take on the tips Lisa Doumanian shares in the article this month. She shares tips applicable to all of us! ASQ Worcester wants to be a resource for you! Though we have a very capable team to lead the section through the coming year, we need you to make it successful. We would love to hear your suggestions, so we can continue to evolve with the times. Complete the survey [HERE](#) or drop me a line at jayp@qpsinc.com!

Sincerely,
Jay P. Patel, Section Chair



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New Beginnings by Helen Stiner Rice

How often we wish for another chance
To have a fresh beginning
A chance to blot out our mistakes
And change failure into winning
It does not take a new year
To make a brand new start
It only takes the deep desire
To try with all your heart
To live a little better
And to always be forgiving
To add a little sunshine
To the world in which we are living
So, never give up in despair
And think that you are through,
For there's always a tomorrow
And a chance to start anew.

Upcoming Activities:

May 20 Noon Webinar: CyberSecurity Challenges by Virat Dhebar (more on p. 5)

June 17 Noon Webinar: Recent Developments in Remote Auditing by a Panel of Experts; Barbara Butrym and Jay Patel

Executive Meeting Dates for 2021 (2nd Wednesday every other month): April 14, June 9, August 11, October 13, & December 8

ASQ Worcester [Meeting Link](#)

Details: Meeting ID: 894 3789 5409
Passcode: 123456



CyberSecurity Challenges Webinar May 20, 2021

Our Guest Speaker: *Virat Dhebar*

Information and Data Security Challenges heighten security risks in the New Normal. It is a major problem. The webinar will cover the following topics and as well as how you as the Quality Professional play the key role.

1. Cyber security Risk profile in small and medium-sized businesses?
2. Business impact due to security breaches.
3. Why Data Security?
4. Small businesses have big risk!
5. Law, compliance and its impact around us.
6. Data Breach cases and lessons learned
7. Three Key pillars of information security. How do we address it?
8. Data Security – A Management issue or a technology challenge?
9. Relationship between Data Security risk elements.
10. Typical security domains and associated controls

Learn what your risks are, the possibilities ahead, and how to address them. I will help you uncover your potential security issues and plan ahead.



Senior Trainer and Consultant for Quality & Productivity Solutions, Inc.

Virat has over 28 years of professional experience in management systems auditing and training in all types of industries including software, IT Service, automotive, pharmaceuticals, aviation and telecom, most recently leading the Business Units in TUV

SUD South Asia as Assistant VP of Corporate Training and Third-Party Auditing globally. His accomplishments include hundreds of audits in 14 countries as he is a registered Lead Auditor for ISO 9001 and ISO 27001, proficient in all things ISO such as business continuity, sustainability and data privacy, with expertise in 12 standards. After attaining degrees in Civil Engineering and Computer Application, he received his MBA from Karantaka Open University.

Virat holds many certifications; CPRE, PCI-DSS, ITIL – FND and CISP, as well as an ISMS and GDPR professional with a Six Sigma Green Belt. Previous to all of his TQM work, he has been an Instructional Designer, System Analyst, and a trainer in Computer Science for ICM. Now, as an author, speaker and coach, he continues to transfer his knowledge on many tools and techniques through ASQ, the Indian Institute of Management and the RK University in part to his passion to lead positive change. Join us at noon on May 20th, to hear Virat’s valuable wisdom on Cybersecurity Challenges.

Your 2021 Executive Committee

Executive Committee Meetings

All section members can attend and observe executive meetings. Our ultimate goal is to improve service to our members by providing education, networking, and communication on quality-related topics. We meet online on the 2nd Wednesday of every other month; email jayp@qpsinc.com if you would like to attend so he can add you to the agenda.

NAME	POSITION	EMAIL
Jay Patel	Chair/Program Chair	jayp@qpsinc.com
Brian Izzio	Treasurer	bizzio@allegromicro.com
Rajesh Kasbekar	Secretary/VOC Chair	rkasbekar@gmail.com
SrilataThirunagari	Membership & Nominations	srilata.t@gmail.com
Frances Eagle	Arrangement Chair	franeagle@yahoo.com
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Our Spring Article:

Navigating Unemployment; 8 Tips to Maintain Your Course

by Lisa Doumanian, HR Generalist

What’s my story? I have been working for over 20 years. Technically, I’ve been working since I was 11 years old, if you count paper routes and babysitting. When I was a sophomore in high school, I got my first “real” job in a pizza parlor. From there it was retail, nanny and customer service. More recently, and for the past eight years, I worked as a Human Resources Generalist. All my business knowledge was HR related. I probably would have retired from this job. Life was pretty comfortable. A working spouse, three kids, we were getting by and even had a little money to enjoy a night out.

As I developed at my job, the income grew. We even started to feel like we could splurge a little on travel, home improvements and entertainment. Then came the shocking news, and just like that, I was unemployed. How could I get through this?

(continued on pg. 4)



(Navigating Unemployment, cont.)

Losing a steady income is a shock to the system. The unknown is stressful. The negative thoughts race through your head; I'm too old, I have no skills, I can't... Hold up! Yes, you can!

What can you do about it? Simple, focus on you! I'm going to give you some tips and resources that I found helpful through my unemployment journey. The main thing is to stay positive; all things happen for a reason. Believe in yourself!

Yes, I know you're thinking; "easy for you to say, I have no income and bills to pay". This is true whether you are optimistic or not. So, embrace the good you can find in this situation.

What is "the good"?

- You have more time.
- You're saving money on gas, transportation, parking, take-out.
- Traffic and weather are no longer an issue.
- Prior night prep is no longer necessary (packing a lunch, deciding what to wear, etc.)
- Work stresses are gone - no deadlines, no difficult people.
- Odd hours and working weekends – GONE!

I'm sure there are more but we'll leave it at that. Here are my 8 tips to keep your confidence while getting to your next landing place:

1. **Shower, Dress & Prep** –It invigorates and gives you a fresh start. I'm not saying to don your work clothes. I was living in yoga pants for weeks. Wear something that makes you feel good about yourself. Avoid clothes that make you look like you've given up i.e.: pajamas, sweatpants, oversized t-shirts. As Fernando Lamas used to say, "It's better to look good than to feel good, and you look marvelous!"



ASQ Worcester volunteers provide free services to the unemployed for:

- Resume writing assistance
- Interview skills training

Contact [Jay Patel](#) or [Johnson Quartey](#) for info.

2. **Keep Your Morning Routine** – Set your alarm to wake up early. Sleeping in will thwart all your good intentions. Wake up and get up with purpose. Continue to perform the same activities as if you were still preparing to go off to work.
3. **Set Goals and Own Them** - Head into your home office and write out your daily and weekly goals. These are what will move you to your next job. If you review your success at the end of each

day and stay true to your work, you will find that job and create true momentum for your life.

4. **Exercise & Stay Active** - Make your home your new project. Get things done that you didn't have time to do while working.

5. **Purge!!!** – Make piles: "Trash", "Donate", "Sell" and get rid of unused items. Clutter causes stress. Try selling your items on-line. Purging has two benefits; makes

space in your home and creates a small income.

6. **Learn a New Skill** - Use FREE websites to learn. Want to learn MS Office? Kevin Stratvert is a great resource, follow on Twitter or YouTube, Google anything that interests you and see what you can learn.
7. **Start Something New!** - If you always wanted to start something but didn't have the time, now you do! Exercise, read more, explore spirituality, become an entrepreneur, write a book, keep a journal, learn to cook, go back to school, acquire a license; real estate, insurance, CDL, the possibilities are endless.
8. **Prepare & Practice** – That first interview will come, so get ready! Prepare answers for interview questions – These websites will help get you started:
 - Fish4Jobs.com - 20 Most Common Questions
 - Grammarly.com - 10 Common Interview Questions
 - Monster.com 100 Top Interview Questions
 - Forbes.com - How to Ace the 50 Most Common Interview Questions

Don't let unemployment define you. This is an opportunity to redefine yourself and your path going forward. Take a leap of faith and reach out to your contacts in ASQ to help you today!

About ASQ

What is ASQ? We are your resource to connections in quality all over the world. With individual and organizational members across the globe, ASQ has the reputation and reach to bring together the diverse quality champions who are transforming the world's corporations, organizations and communities to meet tomorrow's critical challenges. Join us at our meetings and find out how we can help you, your career and your business!

Job Postings:

QPS is an established consulting and training provider located in Marlborough, MA. They are looking to fill the following positions:

- **Medical Device Quality Engineer (part time)**
- **Technical Writer**
- **Consultant/Trainer**

Please contact Janice Sioui at janice@qpsinc.com for more information.

What is myASQ?

Have you checked out the new MyASQ.org/communities page yet? We have our own page and [would love your feedback](#)—use the survey! You'll find all sorts of events and information on a nationwide platform of quality professionals!

Learn more--log in and check out our page at: <https://my.asq.org/communities/events/322>

Spring Survey 2021

Here's your chance!
Share your thoughts--
can we help you with anything?



Tell us what you want to see in your ASQ Worcester offerings—check out our survey [HERE](#) and don't be shy.



Coming in June

Noon Webinar on the 17th:
Recent Developments in Remote Auditing
by a uniquely qualified panel of experts; our own **Barbara Butrym and Jay Patel**.

Remote auditing is here to stay—and there are many lessons learned over the last 12 months. How do you review proof? How do you know if the right actions are being taken? How do you need to change your processes?

Due to the Covid-19 epidemic, remote auditing and remote, instructor-driven training is now required by many companies. This meeting is an open forum to discuss how those two events can be conducted with successful outcomes. Our speakers will be sharing their varied experiences and how they have incorporated the latest tools and techniques to meet the increased demand.